

Newsletter - October, 2007

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National Champions!

There have been some great results this summer from Becky James and Jess Allen. Becky won 4 track titles, the Youth Match Sprint, Youth, and Junior 500m TT, and Youth Scratch, breaking 3 records along the way. Jess had road success in the National Junior Womens 25mile TT, and Junior Women's British TT Champs. These are great achievements. Well done Becky and Jess!

Other Successes

There have also been some other excellent results. In the **Dragon MTB Series** of 3 races:-

Elite Men - Lee Williams, 2 wins, Series Winner.

Youth Male - Ryan Nash, 2 x 3rd places, 4th in Series.

Juv Male - David Jones, 3 wins, Series Winner.

U12 Boys - Sam Beckingsale, 3 wins, Series winner.

U12 Girls - Ffion James, 3 wins, Series Winner.

U12 Girls - Megan James, 2nd + 4th places, Second Girl overall.

Under 8 Nathan Ford 1 win + two 2nd place.

Under 8 Joe Beckinsdale 2x 4th place.

On the **Road**, Ian Sutcliffe won the Tour of Carmarthen. In the Welsh Road Race Champs Ian Sutcliffe was 6th, Guy Stevens 7th and Graham Edwards 4th Veteran. Graham Edwards also won the LVRC Dragon 2-day.

Welcome!

We would like to welcome Claire Williams, John Fitzpatrick and Daren Williams who have all joined Abergavenny RC since the last newsletter. We do hope that you enjoy your involvement with Abergavenny RC.

Cyclo-Cross Promotion

Ian Jenkins is organising our Club's promotion of the first round of the National Trophy series at the Abergavenny Leisure Centre on Sunday 7th October. This is a high-profile event, which brings a lot of credit to the Club. Ian would be very grateful for any help with setting out the course, marshalling, signing-on, etc. (The Committee has agreed that Club members who wish to compete in this Club promotion must also help with course setting-up or marshalling)

Please contact Ian for more info. on 07793 382055 or at ian.jenkins@welshcycling.co.uk

Annual Club Dinner

The Club Dinner this year will take place at Our Lady of St. Michael's Hall in Abergavenny, on Friday, 30th November. More details and a booking form will be sent out shortly.

Club Championships

The final Championships of the year, Cyclo-Cross, takes place on 14th October, at Penlan Sports Field, Brecon, as part of the Welsh League event. The Club Champs are open to all first-claim Club

members of all age groups.

Club Clothing Kit

The Club kit is now available from Bikebase. Please make sure that you have your 2007 membership card with you, as your membership number needs noting for you to obtain the Club discount on the purchase.

Audax Merit Awards

Club members who have ridden the qualifying Audax distances are eligible to claim for an Audax award. The qualifying distances are as follows:- **Gold** 800km including 2 x 200km, **Silver** 600km including 1 x 200km, **Bronze** 300km including 1 x 150km. The rest of the distance in each category must be made up of events of at least 100km.

Please contact Graham Morley at gmaberra@freeuk.com or by phone as soon as possible.

Sunday Clubruns

The Clubruns are continuing again this autumn, and set off from Fairfield at 9.30am on Sunday mornings for a ride of about 40 miles.

For more info please contact Dave Hayhurst 01873 821449, or Bill Kenwright 01873 832500

Trophies

All annually-awarded Trophies need engraving in time for the Club Dinner. If you have a Trophy that needs returning, please take it to Bikebase as soon as possible.